



RAPE CRISIS
M I D W E S T

Annual Report

2020

Rape Crisis Midwest is a member of Rape Crisis Network Ireland



The legend of the Phoenix speaks of its ability to heal itself if injured during its lifetime. Our logo of the Phoenix Rising symbolises our belief that people can and do heal from the trauma of sexual violence.

THE PHOENIX

On days we feel like scorched earth,
Like corroded rust or trampled dirt,
All we have to do is turn our faces,
Toward the gentle breeze,
And be sprinkled into the four directions,
Be swept away by the wind's tender breath.

We are made holy
Through this burning,
Like a phoenix rising from its ashes
To become more powerful
Than it ever thought possible.

The scorching does not destroy us,
Rather, it burns through the chaff
Until our greatness is revealed
And what's of real value remains.

This is our defining hour,
The moment we are made whole
By what has made through the burning.

So, let us be marked,
Not by sorrow or pain,
Not for false humility,
Or, for thinking we are less than we are.

Let us claim our brilliance within the debris,
Let us dance on the ashes of our previous lesser selves,
Let the stars be engraved into our bones,
And our divine fearless nebula return home.

Ashes to ashes,
Dust to dust,
From the rust,
OUR MASTERPIECE SHALL RISE.

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Rape Crisis Midwest is an active member of Rape Crisis Network of Ireland (RCNI), a network which supports and promotes the work of Rape Crisis Centres and provides a national voice for survivors of sexual violence. We abide by the RCNI code of ethics, framework and practice.

Rape Crisis Midwest was founded in 1980 as Limerick Rape Crisis Centre, by a group of women and men who were concerned about the lack of services for survivors of rape and sexual abuse. Since then it has worked to provide a quality professional, information, support and counselling service for survivors of sexual violence and abuse throughout the Midwest region.

Our Vision

The vision of Rape Crisis Midwest is of a society where all adults and children live free from sexual violence.

Our Mission

The mission of Rape Crisis Midwest is to improve the lives of those who experience sexual violence or abuse and to work towards the elimination of sexual violence and abuse in our society.

Our Ethos

- ❖ We believe in a feminist analysis that recognises that all forms of sexual violence, whether committed against adults or children, women or men, involve the abuse of power and control by the perpetrator and the experience of powerlessness by the victim.
- ❖ We believe that perpetrators of sexual violence are responsible for their actions and should be held accountable.
- ❖ We believe that sexual violence is under-pinned and sustained by inequalities, including gender inequality. While sexual violence impacts on people within all sectors of society, those experiencing multiple disadvantages may be especially vulnerable.
- ❖ We believe in a survivor-centered approach, which means that the survivor's right to control her/his life is recognised, validated and supported.
- ❖ We believe in a trauma-based approach, which recognises that a survivor's reactions are a normal response to trauma.
- ❖ We believe that by drawing on the knowledge, experience, wisdom and power of survivors of sexual violence we can make a difference.
- ❖ We believe in building collective and democratic structures and working relationships which model positive and accountable uses of power.

- ❖ We believe in a partnership and collaborative approach with other key agencies that works towards real and profound change.
- ❖ We believe in transparency and accountability in our governance, management and operations.

Our Aims

- ❖ To reduce the impact of the trauma experienced by survivors of sexual violence and abuse and help them to regain a sense of safety.
- ❖ To enable the healing of survivors, this includes them regaining a sense of power and control over their lives and a positive regard for self.
- ❖ To support the recovery of survivors so that they are able to reconnect with family, friends and society.
- ❖ To raise awareness among other relevant front-line service providers of the impact of sexual violence so that trauma is reduced and the recovery of survivors is supported.
- ❖ To raise awareness among family members of the impact of sexual violence and abuse and ways of supporting the survivor.
- ❖ To raise awareness among policy makers of the prevalence and impact of sexual violence and abuse in order to ensure that all relevant areas of policy and service provision better serve the needs of survivors.
- ❖ To raise awareness in society as a whole of the prevalence and impact of sexual violence and abuse and our collective responsibility to challenge the attitudes that underpin it.

Our Board of Directors 2020

Lucy Smith (Chairperson)

Brian Dunne

Fiona Quinn

Helen Fitzgerald (Chairperson)

Michael Howes

Mary Kelly

Yvonne Murphy

Board of directors Meetings 2020

3rd February 2020: Lucy Smith, Fiona Quinn, Helen Fitzgerald, Mary Kelly, Mike Howes, Brian Dunne.

6th April 2020: Lucy Smith, Fiona Quinn, Helen Fitzgerald, Mary Kelly, Mike Howes, Brian Dunne.

11th May 2020: Lucy Smith, Fiona Quinn, Helen Fitzgerald, Mary Kelly, Mike Howes, Brian Dunne, Yvonne Murphy

15th June 2020: Lucy Smith, Fiona Quinn, Helen Fitzgerald, Mary Kelly, Mike Howes, Brian Dunne. Yvonne Murphy

28th Sept 2020: Helen Fitzgerald, Brian Dunne. Yvonne Murphy

2nd Nov 2020: Helen Fitzgerald, Brian Dunne. Yvonne Murphy Lucy Smith, Fiona Quinn, Mary Kelly, Mike Howes,

14th Dec 2020: Helen Fitzgerald, Brian Dunne. Yvonne Murphy, Fiona Quinn, Mary Kelly, Mike Howes,

AGM 15^h June 2020 Brian Dunne, Lucy Smith, Fiona Quinn, Helen Fitzgerald, Michael Howes, Mary Kelly, Yvonne Murphy and Miriam Duffy.

- Rape Crisis Midwest CLG is registered in the CRA's Register of Charities (No. 20024970)
- CHY Tax Exemption - Our Charity Tax Exemption Number is CHY9931
- Governance Code - we confirm that our Organisation complies with the Governance Code we have adopted the Governance Code for the community, Voluntary and Charitable Organisations
- Commitments to Standards in Fundraising Practice - we confirm that we comply with the Statement of Guiding principles as set out in the ICTR website.

Executive Director

Miriam Duffy

2020

2020 will be remembered globally as the year we had to rethink our way of being in our world. During the weeks of social distancing and “staying home” our contact with our clients was by phone and video calling.

Our network -Rape Crisis Network Ireland (RCNI) and it’s member Rape Crisis Centres were invaluable in their support as we developed new ways of working and all of the new policies which were needed to support our work. The centre closed to “in person” work with clients and staff began working remotely. This was challenging as the team here are so supportive of each other in this work and not being able to meet each other except online was difficult.

In July 2020 when the restrictions lifted we began slowly to resume in person work, while at the same time working remotely with clients who were not able to attend in person. The valuable lesson this has taught us is that a model of blended service works well and we will continue to offer this into the future.

As an essential service we stayed open though the 2nd lock down in Oct/Nov, but as cases of Covid 10 rose again over the Christmas period we did not reopen to in person work in Jan 2021.

Our FME(SATU) support service continued though the year, thanks to our SATU manager Deirdre Curtin who was the emergency contact person and attended all callouts.

Our Court accompaniment service also continued, thanks to our wonderful team of volunteers.

Also, our teams of fundraisers worked tirelessly to run online events for us.

I would like to thank the Board, Staff and all of our Volunteers and Supporters for their continued work on our behalf.

Thank you also to the people who have come to us for help for their trust us. We will continue to provide the best service we can. Be safe.

2020 in Numbers

- **293 people were seen face to face or accompanied**
- **123 new clients began counselling with us**
- **3,807 counselling appointments were offered**
(Limerick 2896, Clare 406, North Tipperary 505)
- **27 people were accompanied to FME/ Court /Garda**

Our Limerick centre is open 6 days Mon – Sat and can offer some evening appointments.

Our Ennis centre is open Tuesday and Wednesday (by appointment only).

Our Nenagh centre is open Thursday and Friday (by appointment only).

All initial appointments are in the Limerick centre.

Services provided by Rape Crisis Midwest

Free Helpline: Rape Crisis Midwest operates a free helpline service 1800 311 511. This service is generally available Mon – Sat 9am -5 pm. This is a confidential, non-directive service and is available to survivors, supporters, families, friends, other professionals and other services. We can also be reached at info@rapecrisis.ie.

Midwest Forensic Medical Examination Service Support: This service in the Midwest operates when a report of Rape or Sexual Assault is reported to An Garda Síochána. The service is out of hours operating from 6.30 each weekday until approx. 5am. The service operates 24 hours at weekends and Bank Holidays. Rape Crisis Midwest, RCNI trained, psychological support volunteers attend and provide vital support to the victim and their family/friends. Crisis counselling and support is offered and referral to STI screening can be arranged.

Garda/Court Accompaniment Service: Rape Crisis Midwest will provide a support person to accompany victims who wish to make a statement. The support person will attend the Garda station with the victim or if it is the victim's preference we can make a room in the centre available. In the event of a case proceeding to court we will provide a court support person for any cases being heard in the Midwest. If the case is to be heard in Dublin we will refer the victim to the support services available there.

Counselling Service: Rape Crisis Midwest offers specialised counselling /therapy sessions to adult survivors of Childhood Sexual Abuse. All our counsellors are professionally qualified and have had additional Sexual Violence Training. All of our counsellors are RCNI registered. We unfortunately need to operate a waiting list for on-going long term counselling, but we endeavor to offer support sessions to people while they are on the waiting list.

Training and Education: Rape Crisis Midwest delivered training /awareness to a number of groups across the Midwest including input to the HSE FME training day, UL student Midwives, AGS, Mary Immaculate Students and the staff of the UL International office. As part of our commitment to ongoing learning board, staff and volunteers attended training on FME (Regional & National), Data collection, Data protection GDPR, Court Accompaniment, Garda Accompaniment, EU funding, Legal updates following the Sexual offences bill, Organisational Development, Complex Trauma, The Safe Ireland summit and perinatal Mental Health conference were attended. RCM also completed training of another cohort of SATU/FME volunteers.

TRAINING

Most of the training in 2020 was online

16 people attended RCNI Garda Accompaniment training on Oct.

8 people attended RCNI Court Acc training in Nov

SATU Info day UHL was cancelled

Caroline Counihan RCNI delivered a number of legal updates training

A workshop on disclosure and referral pathways was held on line with Feile Na Greinne who are a group who organize events

The only work with schools was with Glenstal in early March before the first lockdown

Counsellor training: Our counsellor training course held its first weekend in Sept but unfortunately it was not possible to continue. Plans to restart in Jan 2021 came to nothing with the 2nd lockdown. The course is scheduled to re start in Sept 2021 and all original participants are engaged.

New funding - New post

In late 2019 the 10% increase in core funding awarded by Minister Zappone before she left office was paid. This funding was allowed the recruitment of a 3 day counselling post and we welcome Sarah Jane Lusk to the staff team.

I'll never forget that party
Young teenagers
Innocent laughter
Here you are
Have a drink
Something wrong
Everything blurry and weird
Legs giving way
Friends trying to help
Carried me to that bed
Don't worry
I'll look after him
Go back to the party
I heard him lock the door
Click....click
Shoes belt trousers pants
Rolled onto my front
Something's very wrong
The pain
Too young
Too scared
Too embarrassed
Too confused
Too blurry and weird
To cry out for help

Hours later
At dawn
I cycled home
Standing up
Too much pain
To sit on the saddle

And now years later
A half-life lifetime later
But never too late
I've finally found the courage
To cry out for help
I've opened that door
And thanks to Rape Crisis
I've told my story
I've been heard
I was still a child
Just a boy
I was groomed drugged and raped
I know now that it wasn't my fault
How the trauma kept me silent
How the blame lies only with the rapist
The shame I've carried is lifting
I now have a future
But I'll never forget that party

Fundraising and Events

2020 brought an unprecedented challenge with the arrival of the Covid-19 pandemic. Our usual planning of annual events suddenly was left in doubt as the country faced lockdown.

In March, with ever increasing uncertainty, our centre began to make plans for an 'alternative' type of fundraising strategy involving many online and virtual events.

Facebook Fundraiser

In March 2020, we began the process of being approved by Facebook for donation/fundraiser page purposes. This was approved in May and we began a campaign of encouraging our supporters to donate or set up fundraising pages. In 2020, the amount raised through Facebook/Instagram was approximately €10,000 which far exceeded our expectations. Thank you to all those who contributed. Our just Giving page was equally busy and volunteers like Tracy Costello Crawford made a huge impact in fundraising on this page in 2020.



10k Kayaking Paddle

The date set in August for our annual kayaking event was well timed as outdoor events were permitted with limitations. The priority of the team was safety of those taking part and huge credit to Martina, Colm and Garry at Limerick Kayaking Club who worked around the clock ensuring compliance with Covid-19 regulations. We received permission from Shannon Rowing Club to use their base as the starting point and Cleeves Carpark as the get-off point. Both venues resulted in us being able to have a large open space allowing required social distancing.

Over 140 kayakers took part in safe and controlled event which provided many with a welcome relief from the constraints of previous months. Thanks also to all the volunteers who spent days planning the set up and to organisations like Limerick Suicide Watch for providing bank support.



Virtual Quiz

Our *Ultimate Quiz* night went virtual for 2020. A special thanks to our dynamic team of volunteers who sourced an App and created a memorable evening with hundreds of entries and a fun, enjoyable raffle. We had 8 rounds with various topics including a children's round. This event has become a mainstay every year – this is down to the volunteers who organise it and rally their friends/family and supporters to take part. We are impressed by how the same supporters have come on board every year to register for this event and continue to remain loyal to us. Special thanks to Audrey and Emma for their work.

Virtual Quiz Night

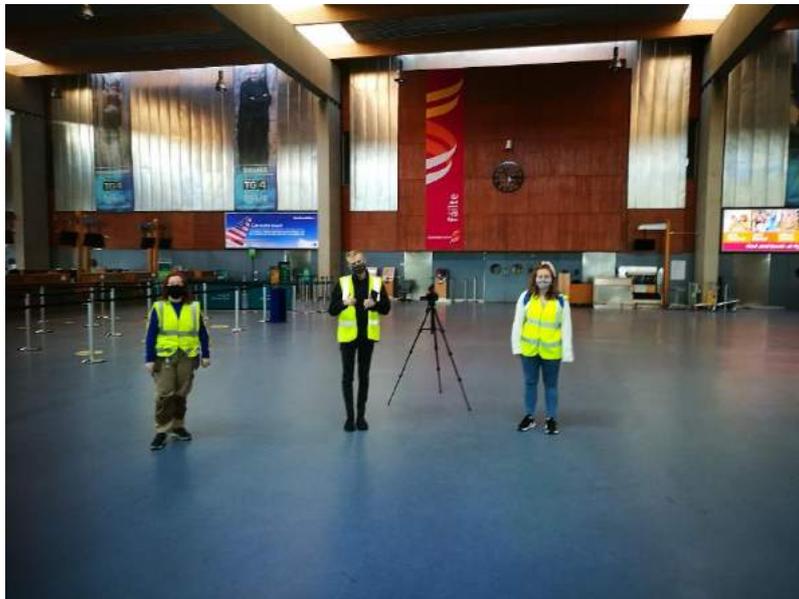
Friday, 13th November at 8pm



ENTRY FEE FROM €5

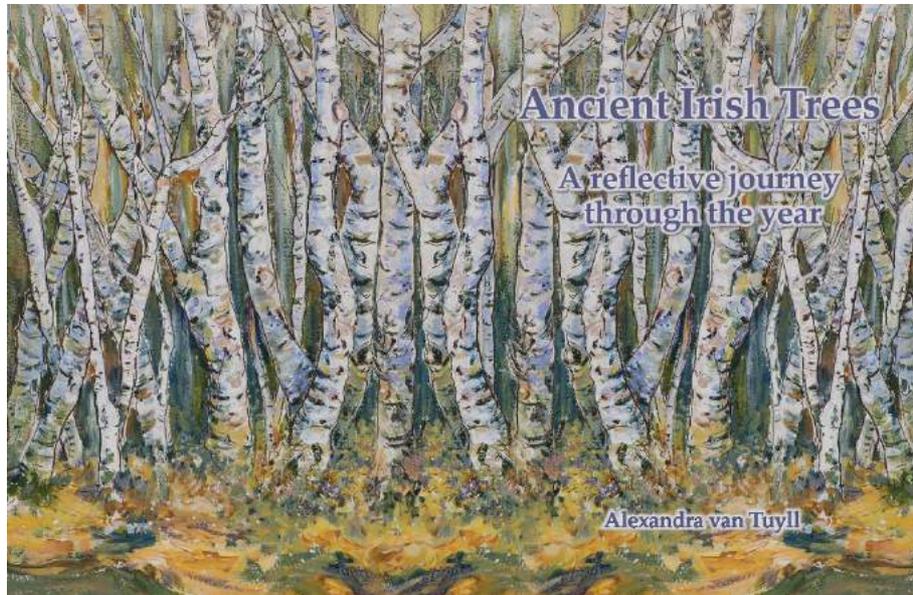
Ennis Event

Covid-19 was not going to stop our team in Ennis from planning a fundraiser, however, it was clear that we could not host an event with 300-400 people in a hotel like in previous years. Instead the team of Sharon, Marie, Olive, Tony and May set about filming a promotional video at Shannon Airport involving a group of wonderful men from across County Clare. The venue was perfect allowing a safe and controlled environment for filming. The result was a memorable video which attracted over 50,000 views on our facebook, coverage at local, regional and national level and raising approx. €13,000



Ancient Irish Trees Book

We were fortunate to become acquainted with a wonderful Achill based artist in 2020, Alexandra van Tuyll. Alexandra set about a task of getting a book designed, printed and launched during a pandemic. “Ancient Irish Trees – a reflective journey through the year” takes us on a journey through the life cycle of thirteen native Irish trees, each tree being depicted in spring, summer, autumn and winter. We would like to record our gratitude for Alexandra’s kindness in funding the entire project. The book went on sale through our website at the start of December and we exceeded our target of 100 book sales just in time for Christmas! Thank you to all those who purchased the book.



Nenagh collection

The people of Tipperary were not swayed by Covid restrictions and the team of volunteers made the decision to go ahead with their annual collection in Nenagh in December. Thank you so much to the volunteers in Nenagh for coming on board and helping our local centre every year



Awareness Raising

A special thanks to the local and national media who raised awareness of our work during 2020. We featured regularly in all the local/ regional papers and radio in 2020. A thanks to Clare FM, Clare Champion/Echo, Live 95fm, Limerick Post and Limerick Leader, Nenagh Guardian and Tipp FM.

We would also like to thank the national media such as RTE Drivetime, Cathy Halloran and Irish Farmer's Journal who gave us significant coverage during 2020.



Company Number: 373531

Rape Crisis Midwest Company Limited by Guarantee
Annual Report and Financial Statements
for the financial year ended 31 December 2020

Rape Crisis Midwest Company Limited by Guarantee

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Rape Crisis Midwest Company Limited by Guarantee
DIRECTORS AND OTHER INFORMATION

Directors

Lucy Smith
Brian Dunne
Fiona Quinn
Michael Howes
Helen Fitzgerald
Yvonne Murphy
Mary Kelly

Company Secretary

Mary Kelly (Appointed 2 November 2020)
Fiona Quinn (Resigned 2 November 2020)

Company Number

373531

Business Address

Phoenix House
Punch's Cross
Rosbrien Road
Limerick

Auditors

O'Donovan Lavin
Chartered Accountants and Registered Auditors
1 Mount Kennett Place
Henry Street
Limerick

Bankers

Allied Irish Bank Plc
106/108 O'Connell Street
Limerick

Solicitors

David Punch & Co.
11 Glentworth Street
Limerick

Rape Crisis Midwest Company Limited by Guarantee

DIRECTORS' REPORT

for the financial year ended 31 December 2020

The directors present their report and the audited financial statements for the financial year ended 31 December 2020.

Principal Activity and Review of the Business

The principal activity of the company is the provision of free, confidential, counselling and non-judgemental support to both female and male individuals, who have recently, or in the past, been subjected to sexual violence. These services are provided from offices in Limerick together with part-time outreach centres located in Ennis and Nenagh.

A risk assessment is reviewed at the commencement of each year to consider any potential risks and uncertainties within the organisation. The risks are graded and considered to ensure appropriate mitigation measures are in place to eliminate or reduce risk levels to an appropriate level.

Any risks and uncertainties are then mitigated.

The company is limited by guarantee and does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets and liabilities of the company on winding up such amounts as may be required not exceeding €1 each. The objects and powers of the charitable company is governed under its Constitution and managed by a Board of Directors. The charity has been granted charitable tax status under Sections 207 and 208 of the Taxes Consolidation Act 1997, Charity No 9931 and is registered with Charities Regulatory Authority.

The company is part funded with TUSLA grants and funding for the provision of services under a service level agreement. The directors report that there has been a constant demand for eligible services throughout 2020 and at this time it is not envisaged that there will be any reduction in that demand for 2021.

The Board of Directors held 7 meetings during 2020 with 86% overall attendance of directors. On average 6 Directors attended all meetings.

Financial Results

The surplus for the financial year after providing for depreciation amounted to €37,941 (2019 - €68,559).

At the end of the financial year, the company has assets of €1,124,057 (2019 - €1,141,702) and liabilities of €901,046 (2019 - €956,632). The net assets of the company have increased by €37,941.

The company has exempt charitable status and is therefore exempt from Corporation Tax. The company is limited by guarantee and in accordance with the provisions of the Constitution it is precluded from making a distribution to members, and is obliged to expend all of its assets and resources for the purposes for which it was formed.

Directors and Secretary

The directors who served throughout the financial year were as follows:

Lucy Smith
Brian Dunne
Fiona Quinn
Michael Howes
Helen Fitzgerald
Yvonne Murphy
Mary Kelly

The secretaries who served during the financial year were:

Mary Kelly (Appointed 2 November 2020)
Fiona Quinn (Resigned 2 November 2020)

In accordance with the Constitution, - Brian Dunne and Fiona Quinn retired as directors on the 12th of August 2019. Being eligible they both offered themselves for re-election on the same date.

Future Developments

The Directors intend to continue with the company's principal activity and no material changes are expected in the near future.

Rape Crisis Midwest Company Limited by Guarantee
DIRECTORS' REPORT

for the financial year ended 31 December 2020

Post Statement of Financial Position Events

Since the date of the financial statements, there has been a global outbreak of Coronavirus (Covid-19). The Board has considered management's assessment of the effects of this pandemic on the continued operations of the organisation and based on the results of the year, the year end financial position and the approved 2021 budget, the Board believes that the charity has adequate resources to continue in operational existence for the foreseeable future.

Auditors

The auditors, O'Donovan Lavin, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Statement on Relevant Audit Information

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

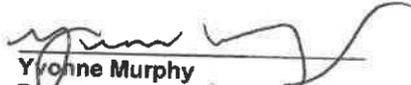
Accounting Records

To ensure that proper books and accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The books of account are located at the company's registered office.

Signed on behalf of the board


Helen Fitzgerald
Director

Date: 19/7/21


Yvonne Murphy
Director

Date: 15/7/21

Rape Crisis Midwest Company Limited by Guarantee
DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2020

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

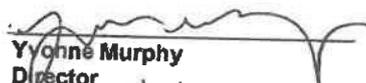
The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Signed on behalf of the board


Helen Fitzgerald
Director

Date: 19/7/21


Yvonne Murphy
Director

Date: 15/8/21

Rape Crisis Midwest Company Limited by Guarantee EXECUTIVE DIRECTORS ACTIVITIES REPORT

for the financial year ended 31 December 2020

Executive Directors Activities Report for the Year Ended 31st December 2020

Rape Crisis Midwest is an active member of the Rape Crisis Network of Ireland (RCNI), a network which supports and promotes the work of Rape Crisis Centres and provides a national voice for survivors of sexual violence. We abide by the RCNI code of ethics, framework and practice.

Rape Crisis Midwest was founded in 1980 and since then it has worked to continue providing free, non-judgemental, confidential support, information, and counselling for survivors of sexual violence and abuse throughout the Midwest Region.

- Rape Crisis Midwest CLG is registered in the CRA's Register of Charities (No. 20024970)
- Our Charity Tax Exemption Number is CHY9931
- We confirm that our Organisation complies with the Governance Code for the community, voluntary and charitable organisations.
- We confirm that in relation to fundraising, we comply with the Statement of Guiding principles as set out in the ICTR website.

Our Vision

The vision of Rape Crisis Midwest is of a society, where all adults and children live free from sexual violence.

Our Mission

The mission of Rape Crisis Midwest is to improve the lives of those who experience sexual violence or abuse and to work towards the elimination of sexual violence and abuse in our society.

Board of Directors

The Board of Directors held 7 meetings during the financial period of whom the following Board Members attended:

Michael Howes	Yvonne Murphy
Mary Kelly	Helen Fitzgerald
Brian Dunne	Fiona Quinn
Lucy Smith	

There was 86% overall attendance of Directors. On average 6 Directors attended each meeting.

Services

Our services continue to be provided from our three centres, the Limerick office and our part time satellite centres in Ennis and Nenagh. Again, this year saw an increase in numbers contacting us.

Free Helpline:

Rape Crisis Midwest operates a free helpline service. This is a confidential, non-directive service and is available to survivors, supporters, families, friends, other professionals, and other services.

Midwest Forensic Medical Examination Service Support:

This service in the Midwest operates when a report of Rape or Sexual Assault is made to An Garda Síochána. The service operates every evening from 6.30 pm to 5.30am and 24 hours at weekends and Bank Holidays. Rape Crisis Midwest, RCNI trained, psychological support volunteers attend and provide vital support to the victim and their family/friends. Crisis counselling and support is offered and referral to STI screening can be arranged.

Garda/Court Accompaniment Service:

Rape Crisis Midwest will provide a support person to accompany victims who wish to make a statement. The support person will attend the Garda station with the victim or if it is the victim's preference, we can make a room in the centre available. When a court case is being heard in the Midwest we can provide a support person to accompany or if the case is heard elsewhere in the country we will link with the local RCC to access this service for you there

Counselling Service:

Rape Crisis Midwest offers specialised counselling /therapy sessions to adult survivors of Childhood Sexual Abuse. All our counsellors are professionally qualified and have had additional Sexual Violence Training. All our counsellors are RCNI registered. We unfortunately need to operate a waiting list for on-going long-term counselling, but we endeavour to offer support sessions to people while they are on the waiting list.

Training and Education:

Rape Crisis Midwest delivers training /awareness to several groups across the Midwest. As part of our commitment to our own ongoing learning the board, staff and volunteers attend training on an on-going basis.

Rape Crisis Midwest Company Limited by Guarantee
EXECUTIVE DIRECTORS ACTIVITIES REPORT
for the financial year ended 31 December 2020

During 2020, 293 people availed of our accompaniment and counselling services.

We also had 2,122 contacts with people by phone & email. 730 were in relation to counselling/support calls. 163 were calls from professionals seeking information from Rape Crisis Midwest and 124 were calls from people supporting survivors.

Throughout 2020 although dealing with the impact of Covid 19 and having to develop new ways of working remotely, we continued to provide initial support and information, together with follow on services including accompaniment services, support and information, and counselling throughout the year.

Rape Crisis Midwest saw a marked increase in calls to our centre during lockdown – between 1st March and 30th September, there was an increase of approximately 54% in helpline contacts when compared to the same period in 2019. There was also a significant increase in contact from particular age groups in the Midwest with a spike from those in the 24-29 and 40-49 age category, the latter experiencing a 58% increase in calls of 125 during the period, up from 79 in 2019.

Fundraising

Our core statutory funding is delivered through Tusla, to facilitate delivery and expansion of agreed services.

We are so very grateful to our corporate and community sponsors who have supported our fundraising activities throughout the year. Our fundraising committees across the Midwest worked tirelessly to develop online activities to ensure that the shortfall in our budget was successfully met in 2020.

All our annual events went ahead including our 10k annual Kayaking event in August which sold out days in advance. All other events including the Dainty Daisy and Thomond Park Quiz Night took place virtually ensuring our ongoing presence and awareness in the community.

Future Outlook

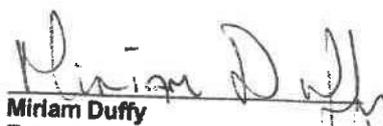
At the time of writing we are still in the midst of the Covid-19 pandemic though the vaccination programme is rolling out.

The change to our usual way of working has been difficult for everyone clients, staff and volunteers.

Our priority will always be the safety of our clients, staff and volunteers as in the coming months we begin the return to more usual working practises. We will move forward and having learned from the experience of working remotely with clients will offer a blended model of service to facilitate clients who have difficulty in attending appointments in the centres.

Finally, my thanks to all the Board, Staff, Volunteers and Clients of Rape Crisis Midwest who have been supporting the delivery of our services throughout the year and indeed supporting each other through these difficult times.

Stay well and safe everyone.


Mirlam Duffy
Executive Director Rape Crisis Midwest

INDEPENDENT AUDITOR'S REPORT

to the Members of Rape Crisis Midwest Company Limited by Guarantee

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Rape Crisis Midwest Company Limited by Guarantee ('the company') for the financial year ended 31 December 2020 which comprise the Income Statement, the Statement of Financial Position, the Statement of Changes in Equity, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", issued in the United Kingdom by the Financial Reporting Council, applying Section 1A of that Standard.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2020 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based solely on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. In our opinion the financial statements are in agreement with the accounting records.

INDEPENDENT AUDITOR'S REPORT

to the Members of Rape Crisis Midwest Company Limited by Guarantee

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the company. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

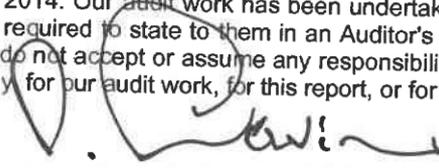
Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 11, which is to be read as an integral part of our report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Patrick A. Lavin FCA
for and on behalf of
O'DONOVAN LAVIN
Chartered Accountants and Registered Auditors
1 Mount Kennett Place
Henry Street
Limerick

Date: 23 July 2021.

Rape Crisis Midwest Company Limited by Guarantee

APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

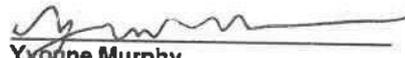
Rape Crisis Midwest Company Limited by Guarantee
INCOME STATEMENT

for the financial year ended 31 December 2020

	Notes	Restricted Funding €	Unrestricted Funding €	2020 €	2019 €
Income	23	481,505	131,198	612,703	588,791
Expenditure	23	(481,505)	(91,129)	(572,634)	(517,282)
Surplus before interest		-	40,069	40,069	71,509
Finance income		-	2	2	2
Finance costs	6	-	(2,130)	(2,130)	(2,952)
Surplus for the financial year	15	-	37,941	37,941	68,559
Total comprehensive income	4	-	37,941	37,941	68,559

Approved by the board on 19/7/2021 and signed on its behalf by:


Helen Fitzgerald
Director


Yvonne Murphy
Director

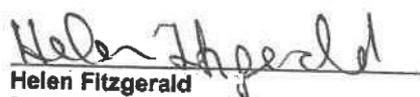
Rape Crisis Midwest Company Limited by Guarantee
STATEMENT OF FINANCIAL POSITION

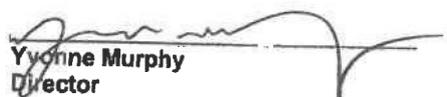
as at 31 December 2020

	Notes	2020 €	2019 €
Non-Current Assets			
Property, plant and equipment	9	935,812	966,655
Current Assets			
Receivables	10	4,711	2,432
Cash and cash equivalents	21	183,534	172,615
		188,245	175,047
Payables: Amounts falling due within one year	11	(93,233)	(94,699)
Net Current Assets		95,012	80,348
Total Assets less Current Liabilities		1,030,824	1,047,003
Payables			
Amounts falling due after more than one year	12	(807,813)	(861,933)
Net Assets		223,011	185,070
Reserves			
Capital reserves	15	60,222	60,222
Income statement		162,789	124,848
Equity attributable to owners of the company		223,011	185,070

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the board on 19/7/2021 and signed on its behalf by:


Helen Fitzgerald
Director


Yvonne Murphy
Director

Rape Crisis Midwest Company Limited by Guarantee
STATEMENT OF CHANGES IN EQUITY
as at 31 December 2020

	Restricted Funds Retained €	Unrestricted Funds Retained €	Capital Contribution Reserve €	Total 2020 Retained €
	-	56,289	60,222	116,511
	-	68,559	-	68,559
	-	124,848	60,222	185,070
		37,941	-	37,941
	-	-	-	-
At 31 December 2020	-	162,789	60,222	223,011

Rape Crisis Midwest Company Limited by Guarantee
STATEMENT OF CASH FLOWS
for the financial year ended 31 December 2020

	Notes	2020 €	2019 €
Cash flows from operating activities			
Surplus for the financial year		37,941	68,559
Adjustments for:			
Finance income		(2)	(2)
Finance costs		2,130	2,952
Depreciation		35,247	34,729
Amortisation of grants		(26,150)	(26,150)
		49,166	80,088
Movements in working capital:			
Movement in inventories		-	1,400
Movement in receivables		(2,279)	(1,137)
Movement in payables		(1,468)	31,502
Cash generated from operations		45,421	111,853
Interest paid		(2,130)	(2,952)
Net cash generated from operating activities		43,291	108,901
Cash flows from investing activities			
Interest received		2	2
Payments to acquire property, plant and equipment		(4,404)	(6,947)
Net cash used in investment activities		(4,402)	(6,945)
Cash flows from financing activities			
New long-term loan		(27,970)	(27,147)
Net increase in cash and cash equivalents		10,919	74,809
Cash and cash equivalents at beginning of financial year		172,615	97,806
Cash and cash equivalents at end of financial year	21	183,534	172,615

Rape Crisis Midwest Company Limited by Guarantee NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

1. GENERAL INFORMATION

Rape Crisis Midwest Company Limited by Guarantee is a company limited by guarantee incorporated in the Republic of Ireland, with charitable status.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 31 December 2020 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

Income

Revenue grants are recognised and attributed to the relevant expenditure covered by the grant. One-off donations, collections, fees and other income of such nature are recognised in the accounts and attributed to the financial period in which the income is received, subject to any specific conditions attaching to the receipt of such funds or income.

Grants awarded to assist with capital expenditure are held on the balance sheet and released to the Income & Expenditure Account on a straight-line basis over the expected useful life of the assets.

Pensions

Pensions benefits are met by payments to a defined contribution pension fund. Contributions are charged to the profit and loss in the year in which they fall due. The assets are held separately from those of the company in an independently administered fund. Differences between the amounts charged in the profit and loss account and payments made to pension funds are treated as assets or liabilities.

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	-	2.5% Straight Line
Fixtures, fittings and equipment	-	15% Straight Line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Leasing

Rentals payable under operating leases are dealt with in the Income Statement as incurred over the period of the rental agreement.

Trade and other receivables

Trade and other receivables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

Borrowing costs

Borrowing costs relating to the acquisition of assets are capitalised at the appropriate rate by adding them to the cost of assets being acquired. Investment income earned on the temporary investment of specific borrowings pending their expenditure on the assets is deducted from the borrowing costs eligible for capitalisation. All other borrowing costs are recognised in profit or loss in the period in which they are incurred.

Trade and other payables

Trade and other payables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation

The company is exempt from Corporation Tax as it has been granted charitable status by the Revenue Commissioners under Charity Number 9931.

3. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

4. OPERATING SURPLUS

	2020	2019
	€	€
Operating surplus is stated after charging/(crediting):		
Depreciation of property, plant and equipment	35,247	34,729
Amortisation of Grants	<u>(26,150)</u>	<u>(26,150)</u>

5. INCOME

The income for the year has been derived from: -

	2020	2019
	€	€
Tusla-Core Funding	479,755	440,240
Tusla-Covid Funding	1,750	-
Grants	1,250	1,518
Donations and Other Income	51,621	22,110
Fundraising	52,177	98,773
Amortisation of Grant	<u>26,150</u>	<u>26,150</u>
	<u><u>612,703</u></u>	<u><u>588,791</u></u>

6. FINANCE COSTS

	2020	2019
	€	€
Interest	<u>2,130</u>	<u>2,952</u>

7. EMPLOYEES

The average monthly number of employees, including directors, during the financial year was 11, (2019 - 10).

	2020	2019
	Number	Number
Employees	<u>11</u>	<u>10</u>

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

The staff costs comprise:

	2020	2019
	€	€
Wages and salaries	406,344	356,497
Social welfare costs	43,116	38,632
Employer contributions to the pension scheme	15,865	16,378
	<u>465,325</u>	<u>411,507</u>

8. EMPLOYEE REMUNERATION BREAKDOWN

Employee Remuneration is split as follows:

	2020	2019
	€	€
Number of Employees: €0-€60,000	10	9
Number of Employees: €60,000-€70,000	1	1
	<u>11</u>	<u>10</u>

9. PROPERTY, PLANT AND EQUIPMENT

	Land and buildings freehold €	Fixtures, fittings and equipment €	Total €
Cost			
At 1 January 2020			
Additions	1,323,357	66,357	1,389,714
Disposals	-	4,404	4,404
	-	(300)	(300)
At 31 December 2020	<u>1,323,357</u>	<u>70,461</u>	<u>1,393,818</u>
Depreciation			
At 1 January 2020			
Charge for the financial year	364,224	58,835	423,059
On disposals	33,084	2,163	35,247
	-	(300)	(300)
At 31 December 2020	<u>397,308</u>	<u>60,698</u>	<u>458,006</u>
Carrying amount			
At 31 December 2020	<u>926,049</u>	<u>9,763</u>	<u>935,812</u>
At 31 December 2019	<u>959,133</u>	<u>7,522</u>	<u>966,655</u>

10. RECEIVABLES

	2020	2019
	€	€
Other debtors	3,356	856
Prepayments	1,355	1,576
	<u>4,711</u>	<u>2,432</u>

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

11. PAYABLES		
Amounts falling due within one year	2020	2019
	€	€
Amounts owed to credit institutions	24,793	24,793
Trade payables	3,844	2,692
Taxation	15,951	11,593
Other creditors	3,072	-
Accruals	27,234	22,167
Deferred Income	18,339	33,454
	<u>93,233</u>	<u>94,699</u>
12. PAYABLES		
Amounts falling due after more than one year	2020	2019
	€	€
Bank loan	37,261	65,231
Grants	770,552	796,702
	<u>807,813</u>	<u>861,933</u>
Loans		
Repayable in one year or less, or on demand (Note 11)	24,793	24,793
Repayable between two and five years	37,261	65,231
	<u>62,054</u>	<u>90,024</u>

The bank loan is secured by way of mortgage over the company's property.

13. Government Grant Agency:	
Government Department:	Tusla - Child and Family Agency
Grant Programme:	Core Funding
Total Grant:	€464,640
Period Covered by Grant:	12 months - 1st January 2020 - 31st December 2020
Included in Income:	€479,755
Purpose of Grant:	The provision of supports to individuals subjected to sexual violence.
Amounts Deferred at Year End:	€15,285
Restricted Funding:	Yes
Amounts Deferred from Prior Year:	€30,400

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

Government Grant Agency:	Tusla
Government Department:	Tusla - Child and Family Agency
Grant Programme:	Covid Funding
Total Grant:	€1,750
Period Covered by Grant:	12 months - 1st January 2020 - 31st December 2020
Included in Income:	€1,750
Purpose of Grant:	To support the organisation in its preparation for Covid-19 and to enable the continuation of service provision.
Amounts Deferred at Year End:	
Restricted Funding:	Yes
Amounts Deferred from Prior Year:	-

14. STATUS

The company is limited by guarantee, not having a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as may be required not exceeding one Euro (€1) each.

15. RESERVES

A key distinction is made between restricted income, which must be used only for the purpose specified by the donor, and unrestricted income, which is used by Rape Crisis Midwest CLG for its general purpose in furtherance of its charitable objectives.

Restricted income goes towards partial financing of particular activities, agreed in advance with the donor. Rape Crisis Midwest CLG use unrestricted income to finance the balance of partially funded activities as well as financing of policy work and campaigns, and to meet essential running costs.

CAPITAL CONTRIBUTION RESERVE

Capital Reserves of €60,222 arose at 30th September 2003 and represents the net assets transferred by the then existing association to the present company.

16. FINANCIAL COMMITMENTS

The company had no other material financial commitments at the year ended 31st December 2020.

17. CAPITAL COMMITMENTS

There were no capital commitments at 31st December 2020.

18. DIRECTORS' REMUNERATION

	2020	2019
	€	€
Remuneration	55,296	52,890

An employee representative is appointed by the Board of Directors. The representative is employed by the company, for which services he/she is remunerated at normal levels. No remuneration is paid in respect of the directors' duties undertaken by the representative.

There are no Directors paid in respect of the directors' duties undertaken and they have all acted in a voluntary capacity.

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

19. PENSIONS

Pension contributions relate to a defined contribution scheme, funded by annual contributions which are charged directly to the accounts as incurred. Pension costs for the year amounted to €15,865. There is an accrual of pensions this year amounting to €4,761 (2019-€5,702).

20. EVENTS AFTER END OF REPORTING PERIOD

At the time of signing the financial statements, we are still in the midst of a Covid-19 pandemic, which will have a negative impact on the global and Irish economies.

Rape Crisis Midwest CLG have reviewed the activities and services in the period following the balance sheet date and considered the continued impact of the Covid-19 pandemic. It has also considered the financial position and the resources available within the organisation.

The company has had to effect changes in the delivery of services and it is anticipated this will continue into the foreseeable future.

The demand for services has increased throughout this period and our primary funder is anxious to ensure that there is continuance of the services provided. Our own fundraising activities have been hampered by the pandemic.

Based on the information available at this time, in its opinion, the organisation will be in a position to continue to carry out activities and services through the current difficult period and has sufficient liquid resources to manage the disruption to its activities and services, caused by Covid-19, for at least 12 months from signing of the financial statements.

21. CASH AND CASH EQUIVALENTS

	2020	2019
	€	€
Bank Accounts	170,636	161,257
Deposit Accounts	12,898	11,358
	<u>183,534</u>	<u>172,615</u>

22. CAPITAL GRANTS DEFERRED

	2020	2019
	€	€
Capital grants received and receivable At 1 January 2020	796,702	822,852
Amortisation Amortised in year	(26,150)	(26,150)
Net Book Value At 31 December 2020	<u>770,552</u>	<u>796,702</u>

Deferred Grants represent the balance of grants, previously received, which have not been amortised to date. The grants are amortised over the economic life of the asset for which they were received at the same rate as the specific asset is amortised.

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2020

continued

23.	Restricted Funds	Unrestricted Funds	TOTAL 2020	TOTAL 2019
	€	€	€	€
Income				
Deferred Income 31.12.2019	30,400		30,400	60,800
Funds Advanced	466,390		466,390	440,240
	<u>496,790</u>	-	496,790	<u>501,040</u>
Deferred Income 31.12.2020	-15,285	-	-15,285	-30,400
Net Movement TUSLA Funding	-481,505		481,505	470,640
Unrestricted Funding	-	105,048	105,048	122,401
Amortisation of Grants Received	-	26,150	26,150	26,150
	481,505	131,198	612,703	588,791
Expenditure				
Wages & Salaries	377,844	28,500	406,344	356,497
Social Welfare Costs	-	43,116	43,116	38,632
Employer Contributions to Pensions	-	15,865	15,865	16,378
Rent	11,000	-	11,000	11,000
Repayment Mortgage	30,100	-30,100	-	-
Insurances	8,500	-1,154	7,346	7,170
Leasing Office Equipment	-	1,619	1,619	1,218
Light & Heat	7,000	-1,085	5,915	6,406
Covid 19 Costs	1,750	1,307	3,057	-
Repairs & Maintenance	4,614	757	5,371	8,166
Printing Postage & Stationery	1,000	59	1,059	733
Telephone	7,000	-557	6,443	5,867
Computer Costs	8,975	-5,936	3,039	1,016
Travel & Subsistence	3,040	-694	2,346	5,208
Supervision	8,000	700	8,700	6,390
Canteen & Cleaning	182	1,189	1,371	2,857
Auditors Remuneration	4,500	-236	4,264	4,121
Subscriptions	4,500	-2,961	1,539	1,717
Fundraising Expenses	2,500	3,411	5,911	3,987
Movement in Inventories	-	-	-	1,400
Volunteer/Counsellor Training	1,000	1,022	2,022	660
Bank Charges	-	328	328	624
Sundry Expenses	-	732	732	2,506
Depreciation	-	35,247	35,247	34,729
	<u>481,505</u>	91,129	<u>572,634</u>	517,282
Finance Costs	-	40,069	40,069	71,509
Bank Interest Paid	-	2,130	2,130	2,952
Miscellaneous Income	-	37,939	37,939	68,557
Bank Interest	-	2	2	2
Overall Surplus/-deficit for Year	<u>-</u>	<u>37,941</u>	<u>37,941</u>	<u>68,559</u>

Rape Crisis Midwest Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

continued

Included in the above expenditure are both Revenue and Capital expenditure as previously agreed with Tusla per the Service Level Agreement in place. It has been agreed by Tusla and Rape Crisis Midwest CLG that an underspend in the amount of €15,285 will be carried forward to the financial year ended 31st December 2021. These funds will be used to contribute to the succession planning required by the organisation to ensure its continued sustainability. These details have been addressed in the Service Level Agreement for the period 1st January 2021 to 31st December 2021

24. RECONCILIATION OF NET CASH FLOW TO MOVEMENT IN NET DEBT

	Opening balance	Cash flows	Closing balance
	€	€	€
Long-term borrowings	(65,231)	27,970	(37,261)
Short-term borrowings	(24,793)	-	(24,793)
Total liabilities from financing activities	<u>(90,024)</u>	<u>27,970</u>	<u>(62,054)</u>
Total Cash and cash equivalents (Note 21)			<u>183,534</u>
Total net debt			<u>121,480</u>

25 RELATED PARTY TRANSACTIONS

There were no Related Party Transactions during the period under review.

26. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on

19/7/2021





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