***Rape Crisis Network Ireland***

***Rape Crisis Midwest***

**Sexual Violence Specialisation Training for**

**Counsellors in Rape Crisis Centres.**

This is an intensive one year training course for those who are interested in joining Rape Crisis Midwest as a volunteer counsellor.

The course will explore issues arising in working as a counsellor with male and female clients who have experienced rape, sexual assault, child sexual abuse or sexual harassment.

This Rape Crisis Network Ireland (‘RCNI’) accredited course will run one weekend a month from September 2019 to May 2020

**The Trainers**

Rape Crisis Midwest Trainers are accredited by the Rape Crisis Network Ireland as trainers, as well as having their own professional qualifications. The RCNI training accreditation guarantees long years of experience in the field of sexual violence both as a counsellor and as a trainer.

**Issues Covered on the Course include:**

 Counselling issues in the aftermath of rape and sexual assault.

 Crisis counselling and intervention.

 Dynamics of child sexual abuse.

 The RCC approach to counselling.

 Gender difference and conditioning.

 Impact of the work on the counsellor.

 Vicarious trauma.

 Long and short term impact of rape and sexual abuse.

 Medical and legal protocols.

 Male rape.

 Working with suicidal clients.

 Stages in recovery.

 Perpetrator profiles.

 Finishing therapy.

**Course Requirement**

This course is open to anyone with a counselling and psychotherapy qualification and an interest in sexual violence who wishes to become a volunteer counsellor with Rape Crisis Midwest.

We welcome applications from those with a genuine interest in our work. All participants are required to have the ability to reflect on themselves as people and their practice as rape crisis counsellors and be open to the journey which the course will bring them on.

Participants must be over the age of 28 years.

Candidates will be interviewed prior to selection.

**How to apply**

An application form may be downloaded from our website www.rapecrisis.ie

Or by contacting:

Rape Crisis Midwest

Tel: 061 311511 or emailing

[fiona.quinn@rapecrisis.ie](mailto:fiona.quinn@rapecrisis.ie)

Course Fee: **Euro 1,300**

**A non refundable deposit of €300 will be required on acceptance of a place.**

**As a Rape Crisis Midwest Volunteer Counsellor, you will**:

 **Make a difference** in the lives of survivors of sexual violence and their families.

 **Join a community** of people working to end sexual violence.

 **Deepen your understanding** of sexual violence and what it takes to prevent it.

 **Gain experience** that can help you in your work with survivors of sexual violence.

 **Work as a Team Member** in a professional organisation which is recognised throughout the Midwest Region.

**Training Dates 2019 - 2020**

**The training will run one weekend (Sat & Sun) each month**

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***September 2019- May 2020***

**RAPE CRISIS MIDWEST**

**Phoenix House,**

**Punch’s Close,**

**Rosbrien Road,**

**Limerick.**

**Tel: 1800 311511**

**E-mail: fiona.quinn@rapecrisis.ie**

**2019**

**7th& 8th September**

**5th & 6th October**

**2nd & 3rd November**

**7th& 8th December**

**2020**

**11th& 12th January**

**1st & 2nd February**

**7th & 8th March**

 **4th & 5th April**

**9th & 10th May**

